



*Relieve
Pain*

after Your
Orthopedic
Surgery

ONQ[®] PainBuster[®]
Redefining Recovery[™]

Feel Better Faster



AskYourSurgeon.com

ON-Q® PainBuster® is widely recommended for orthopedic surgery procedures such as:

- ACL
- shoulder
- ankle and foot
- total knee replacement
- total hip replacement
- wrist and hand and other procedures

Visit AskYourSurgeon.com for more detailed information.



"After having my first rotator cuff surgery, I couldn't imagine going through that unbearable pain again. I was introduced to ON-Q at our surgical center where I work as a clinic nurse. The recovery was easy — absolutely pain-free for three days. I felt great — no side effects as with oral pain meds. The physical therapy took half the time — what a wonderful device! I would recommend it to anyone who is having major surgery."

Ginny G., Minnesota
Rotator cuff

Relieve Your Pain after Surgery

After your surgery, it's important that your pain is relieved. When you're not in pain, you may sleep better, move around sooner and may get back to your normal appetite quicker so you feel better faster.

There are two major ways that pain is relieved after surgery.

The most familiar is the use of narcotics like morphine.

These drugs can cause unpleasant side effects such as nausea, drowsiness, constipation and difficulty breathing. They may also be habit forming.

Medical science has developed a new way of relieving pain that can cut down or even stop the need for

these drugs. This important new type of pain relief is called ON-Q PainBuster.



The New Choice for Post-Surgical Pain Relief

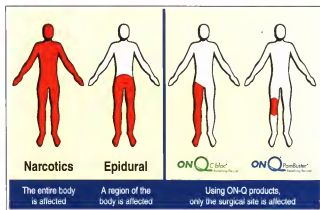
Narcotic Pain Relief

Most people know about common drugs called narcotics such as morphine, Demerol and codeine. These are often given after surgery in pill form, in a shot or through a tube placed directly in the vein (intravenous or IV).

make it harder to walk, eat and go to the bathroom. For these reasons, when pain is only in a small area, it may be better to choose pain relief that affects only that area.

Local Anesthetic Pain Relief

Local "anesthetics" are medicines, like Novocain®, that work right where the pain is. They don't affect the whole body, so they won't make you sleepy or groggy and don't numb



Pros and Cons of Narcotic Pain Relief

Drugs like morphine affect the entire body. They're good for relieving really bad pain in a large area. But narcotics can

other body parts. Other local anesthetics you may have heard about are lidocaine and bupivacaine.

Potential Results*	ON-Q System	Narcotics
Less pain	X	X
Continuous pain relief	X	X
Faster return to normal activities	X	
Quicker return to normal body function	X	
Clear and groggy-free head	X	
Greater mobility	X	
More comfortable recovery	X	
Earlier hospital release	X	
Nausea		X
Vomiting		X
Potential for addiction		X
Possible breathing problems		X
Constipation		X
Groggy, knocked-out, 'hangover' feeling		X
Overall slower recovery		X
Higher risk for intense pain spikes		X

Continuous Pain Relief at the Surgical Site

Doctors have used local anesthetics during all kinds of surgeries for years. But now, these medicines are used to

control pain after surgery. The medicine can be put right where the surgical cut is and it relieves the pain even while you're *up and moving around*.

*For a list of published clinical studies, visit AskYourSurgeon.com.

It's Time You Know ON-Q PainBuster

For local pain relief many surgeons use a system called ON-Q PainBuster. ON-Q PainBuster uses a little pump shaped like a rubber ball to put medicine right on the spot of your incision. The pump connects to a very thin tube (catheter), which is put in place by your surgeon. You may wear your ON-Q PainBuster while you're in the hospital or even take it home for a few days.



It easily clips to your clothing or it can be carried in a small case. After you're finished using it, you simply throw it away.

ON-Q PainBuster May Provide*:

- More comfortable pain relief and recovery
- Pain relief without the side effects of narcotics
- Constant pain relief — so pain doesn't "break through" as it sometimes does with narcotics
- Quicker return to normal activities like walking, eating and generally moving around
- Earlier release from the hospital

Your surgeon will tell you if ON-Q PainBuster is right for you, either alone or with a small amount of pain pills. If your surgeon gives you pain pills, you should take them according to your surgeon's directions. You may be one of the many people who get better faster with ON-Q PainBuster. Ask your surgeon about ON-Q PainBuster today.

*For a list of published clinical studies, visit AskYourSurgeon.com.

Guidelines for Pain Relief Using



During Use:

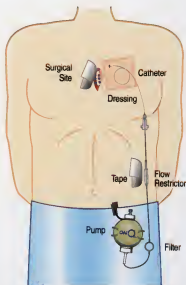
The ON-Q PainBuster pump is filled with medicine. It is completely portable and can be attached to your clothing or carried in a small pouch. A tiny tube or catheter connects to the pump. The flow restrictor is taped to the skin.

The medicine is automatically delivered to your incision from the pump — there is no need to squeeze or adjust it. As the medicine is released, the pump will get smaller. This

is a very slow process — barely noticeable in the first 24 hours.

When the time is up and the medicine is gone, the pump

will be flat and you'll be able to feel a hard, thick tube in the middle of it.



ON-Q PainBuster Removal (Catheter):

If your doctor has instructed you to remove the catheter, then follow his or her instructions keeping in mind these key steps — simply remove the small bandage covering your catheter, hold the tube close to the skin, and gently pull. Generally, it will come out easily. There should be no pain. If there is any resistance at all, you can call the doctor and arrange to have it removed. Don't ever pull hard or cut the catheter. Just call the doctor if you have trouble removing it.

At the tip of the tube you'll see a small black mark. If you can't see the black mark



when you remove the catheter, let your doctor know. Your doctor or nurse should give you a Patient Guidelines pamphlet to take home with you for more information on using your ON-Q PainBuster.

Your doctor's information:

Doctor: _____

Phone: _____

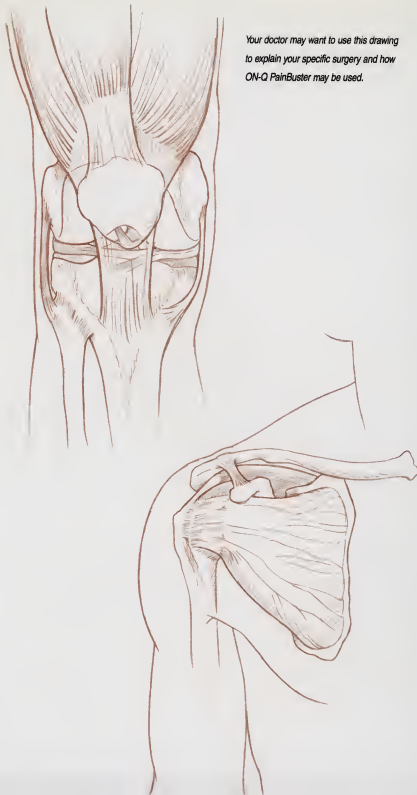
Special Instructions: _____

For more information about
ON-Q PainBuster:

24-Hour Product Support Hotline
800-444-2728

AskYourSurgeon.com

Your doctor may want to use this drawing to explain your specific surgery and how ON-Q PainBuster may be used.



"It was wonderful. I really wasn't even aware I had an incision because it didn't hurt. There was just no pain. Almost immediately I was on my feet and really didn't have any problems at home going up and down stairs."

Mozelle D.
Surgery patient

The ON-Q PainBuster may allow you to recover quicker with minimal discomfort.



Things to be Aware of When Using ON-Q PainBuster

Some patients may have adverse reactions to local anesthesia. Call your doctor immediately if you experience any of the following:

- Redness, warmth or excessive bleeding around the area where the tube enters your skin
- Pain, swelling or a large bruise around this area
- Dizziness, light headedness
- Blurred vision
- Ringing, buzzing in your ears
- Metal taste in your mouth
- Numbness and/or tingling around your mouth, fingers or toes
- Drowsiness



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